Training
Lesson Plan
Ladder Safety

Description

Introduction to Ladder Safety for food service employees. Topics include general information and safety rules.

By the end of this class participants will be able to:

1. Check ladders for safety
2. Know safety rules of using ladders

Duration: 15 minutes

Materials

Ladder Safety Handout from
http://ehs.ucr.edu/safety/Housing_Safety/housing_safety_keys.html
☐ (one for each participant)
☐ Ladder Safety Assessment

Procedure

1. Circulate roster among all participants (1 minute)

2. Distribute copies of the “Ladder Safety” handouts to group (1 minute)

3. Review the content from each topic on handout (8 minutes)
   a. General
   b. Safety Rules

4. Assess the participant’s comprehension using the “Test” section in the Ladder Safety Assessment. (5 minutes)